



Central Board of Secondary Education

2, Community Centre, Preet Vihar, Delhi, India

CBSE/PRO/Counseling/2016/1166

06.05.2016

Circular No. 15/2016

To,

All Heads of Institutions of CBSE affiliated schools.

Subject: - Mapping of Guidance and Counseling Services in CBSE affiliated schools.


The entire process of child development coincides with the years of schooling. This is a most defining phase of life. However, the environment becomes relatively complex and the child faces a variety of social, interpersonal, physical and emotional problems which need to be resolved. Schooling is only a part of the broader educational activity and mainly concerned with meeting the instructional objectives of education.

Regular **Guidance and Counseling**, if provided at this juncture, can help the child in maximizing his/her capacities and in **Self- Actualization**.

CBSE is the first and perhaps the only board of education in the country which has been providing psychological counseling services to the stakeholders since 1998. At present, the programme is run in two phases: Phase-I at the time of preparations and during examinations, and Phase-II at the time of declaration of results. The multiple-mode services of the board include telephonic counselling, online counselling, support material on CBSE website and Question & Answers Columns in leading newspapers.

One of the major strengths of this 'outreach' programme is the voluntary, free of cost service provided by the principals, trained counsellors and active media support. The counselling services not only provide psychological support to students and parents but also help the board in defining trends and improvements when real time responses are analyzed.

With the purpose of gauging the need and scope of the support services available in the affiliated schools, the Board has designed a questionnaire to map the existing guidance and counseling facilities. All schools are expected to fill and submit the attached online questionnaire latest by **20th May 2016**. For further clarifications, **011-22043635** or rs.cbsehl@gmail.com can be contacted.


(Rama Sharma)

Public Relations Officer